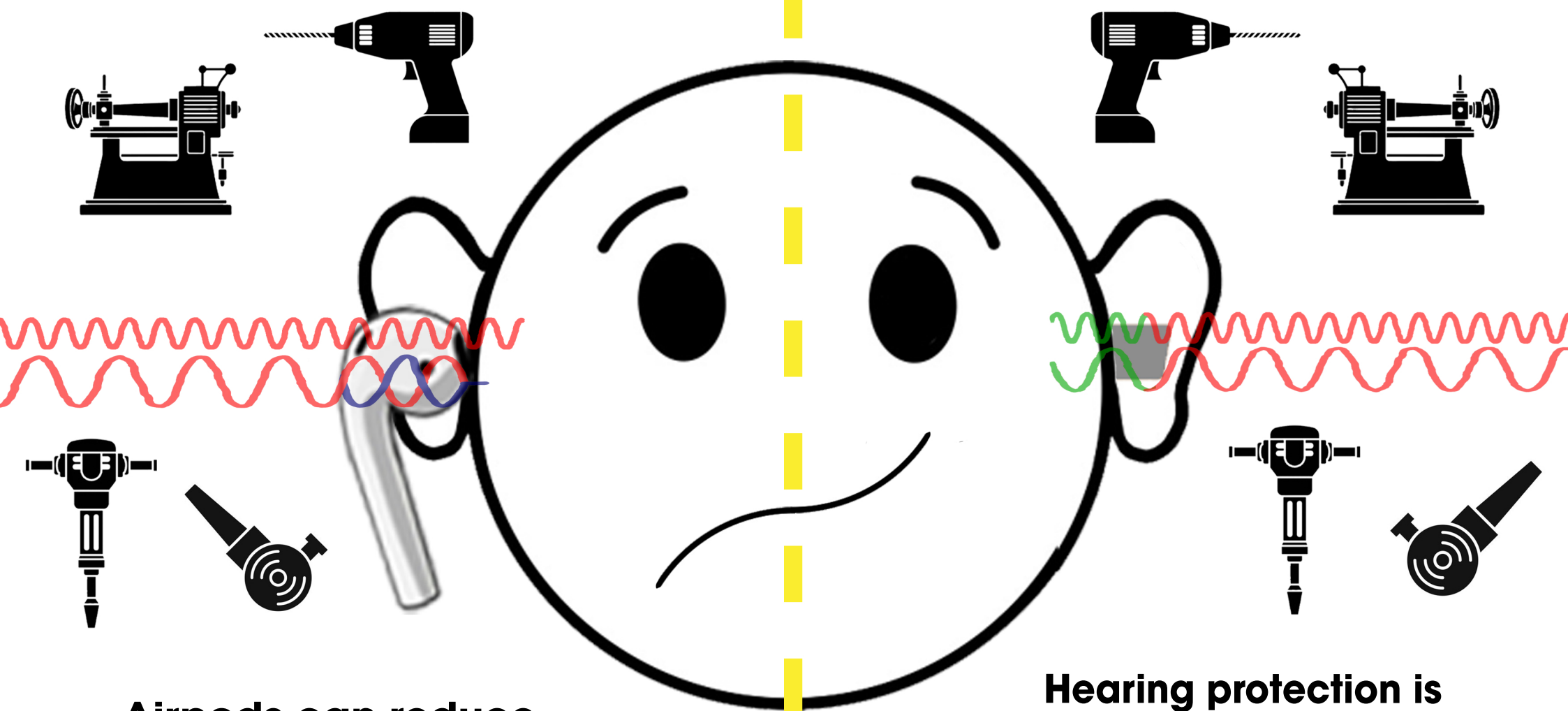




# Airpods are NOT hearing protection - Here's why



-  Airpods can reduce low-frequency background noise but do not reliably reduce sudden or high-frequency noise like from power tools or impacts.
-  Not tested or rated as hearing protection so you cannot know if your hearing health is at risk and to what extent.

Hearing protection is tested and rated against standards (such as EN 352) and marked for industrial use (CE/UKCA) which ensures it is fit for purpose and able to attenuate damaging noise.

Supplied with performance information such as SNR and/or frequency data.



## Checklist For Protecting Your Hearing Health



**Wear the hearing protection your employer provides.**



**Wear it correctly; check its fit each time you put it on.**



**Wear it at all times in mandatory hearing protection zones.**



**Hearing protection should reduce hazardous noise levels without blocking out alarms or important sounds; put on your hearing protection and check if you can still hear these.**



**Check that your hearing protection is adequate (right for the noise hazard) and suitable (right for you and your work tasks). If unsure, speak to your supervisor or safety representative.**